



## Tools for Improving Your Sexual Health: Information about Bedroom Accessories

### What is a bedroom accessory?

A bedroom accessory is a vibrator or dildo that provides stimulation to various areas of a woman's body, including the clitoris, the vagina, the g-spot, and the anus. They are used to increase sexual pleasure, as well as aid in a woman's sexual health by allowing her to explore her body.

### Who should use a bedroom accessory?

Any woman who is interested in increasing her sexual pleasure or experimenting with new forms of stimulation can use a bedroom accessory. Sometimes, a woman's health care provider will suggest that she use a bedroom accessory to help her meet her sexual health needs.

### How do you use a bedroom accessory?

A bedroom accessory is used to stimulate the clitoris, vagina, g-spot, and/or the anus by providing pleasurable sensations. How a bedroom accessory is used will depend on the area of the body that it was designed to stimulate.

Not all types of stimulation are right for all women. It is important that women explore their bodies and determine what type of stimulation is best for them. Exploration should continue throughout a woman's life, because pleasures can change over time and as women age.

Pure Romance has created a full line of bedroom accessories for women. Please visit our Web site, or talk to your Pure Romance Consultant, to find the right product for you.

