



## Tools for Improving Your Sexual Health: Customer Resources

Blue, Violet. *The Adventurous Couple's Guide to Sex Toys*. San Francisco: Cleis Press, 2006.

The Boston Women's Health Book Collective. *Our Bodies, Ourselves*. New York: Simon and Shuster, 2005.

Schwartz, Pepper, PhD and Janet Lever, PhD. *The Great Sex Weekend: A 48-Hour Guide to Rekindling Sparks for Bold, Busy, or Bored Lovers*. New York: Perigee Books, 1997.

Stewart, Elizabeth, MD and Paula Spencer. *The V Book: A Doctor's Guide to Complete Vulvovaginal Health*. New York: Bantam Books, 2002.

Strong, Bryan, Christine DeVault, Barbara W. Sayad, and William L. Yarber. *Human Sexuality: Diversity in Contemporary America*. 5th Edition. New York: McGraw Hill, 2005.

Winks, Cathy and Anne Semans. *The Good Vibrations Guide to Sex, 3rd Edition*. San Francisco: Cleis Press, 2002.

## Online Resources

American Association of Marriage and Family Therapy: [www.aamft.org](http://www.aamft.org)

American Association of Sexuality Educators, Counselors, and Therapists: [www.aasect.org](http://www.aasect.org)

The Kinsey Institute for Research in Sex, Gender, and Reproduction: [www.kinseyinstitute.org](http://www.kinseyinstitute.org)

The National Women's Health Information Center: [www.4women.gov](http://www.4women.gov)

National Women's Health Resource Center: [www.healthywomen.org](http://www.healthywomen.org)

Planned Parenthood Federation of America: [www.plannedparenthood.org](http://www.plannedparenthood.org)

