



## Your Vaginal Health: Customer Resources

The Boston Women's Health Book Collective. *Our Bodies, Ourselves*. New York: Simon and Shuster, 2005.

Bouchez, Colette. *The V-Zone: A Woman's Guide to Intimate Health Care*. New York: Fireside, 2001.

Glazer, Howard I., PhD and Gae Rodke, MD., FACOG. *The Vulvodynia Survival Guide: How to Overcome Painful Vaginal Symptoms and Enjoy an Active Lifestyle*. Oakland, CA: New Harbinger Publications, Inc., 2002.

Heiman, Julia, R., PhD and Joseph Lopiccolo, PhD. *Becoming Orgasmic: A Sexual and Personal Growth Program for Women*. New York: Prentice Hall Press, 1988.

National Women's Health Resource Center. *Fast Facts: Understanding Vaginal Pain and Vulvodynia*. National Women's Health Resource Center, 2005.

Stewart, Elizabeth, MD and Paula Spencer. *The V Book: A Doctor's Guide to Complete Vulvovaginal Health*. New York: Bantam Books, 2002.

Strong, Bryan, Christine DeVault, Barbara W. Sayad, and William L. Yarber. *Human Sexuality: Diversity in Contemporary America*. 5th Edition. New York: McGraw Hill, 2005

## Online Resources

The American Association of Sexuality Educators, Counselors and Therapists: [www.aasect.org](http://www.aasect.org)

Female Sexual Dysfunction Online: [www.femalesexualdysfunctiononline.org](http://www.femalesexualdysfunctiononline.org)

National Vulvodynia Association: [www.nva.org](http://www.nva.org)

National Women's Health Information Center: [www.4women.gov](http://www.4women.gov)

National Women's Health Network: [www.nwhn.org](http://www.nwhn.org)

National Women's Health Resource Center: [www.healthywomen.org](http://www.healthywomen.org)

Planned Parenthood Federation of America: [www.plannedparenthood.org](http://www.plannedparenthood.org)

The Women's Sexual Health Foundation: [www.twshf.org](http://www.twshf.org)

